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Response to Al Sulais et al.

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We thank Dr. Eman Al Sulais and colleagues for their interest in our paper on “*Malignancies in inflammatory bowel disease: Frequency, incidence and risk factors – Results from the Swiss IBD Cohort Study*”. The authors elegantly underscore the possible impact of family history on cancer development.¹

Positive family history for cancer is a known risk factor for various cancer types in non-IBD patients. Studies have shown a two-fold increase for colorectal cancer (CRC) and a 2 to 5-fold increase for pancreatic cancer, if a first-line relative suffered from CRC and pancreatic cancer, respectively.^{2,3} And many more cancer types could be mentioned here. We therefore agree that looking at this aspect would be of considerable interest. Including it as a co-variable in our multivariate models could answer the looming question whether patients with a positive family history are at particular risk if treated with immunosuppressive agents such as azathioprine. However, such analysis is not possible since family history for cancer – in contrast to family history for IBD – is not captured in the Swiss IBD cohort study (SIBDCS) questionnaires. While it might be worthwhile including such a question for future prospective cohort projects, retrospective inclusion of family history by addressing all SIBDCS patients would be largely prone to a recall bias. This would make it difficult to draw clear conclusions. It has been previously shown that reliability of self-reported family history of cancer considerably varies between case patients and controls.⁴

We appreciate the continued interest and insightful questions raised by Dr. Al Sulais et al. We are looking forward to upcoming cancer analyses in large IBD cohorts, where additional factors (including family history of cancer) are taken into account. This will help us to guide our patients when dealing with questions regarding IBD- and/or immunosuppression-related cancers.

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CONFLICT OF INTEREST

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